



Artful Thinking

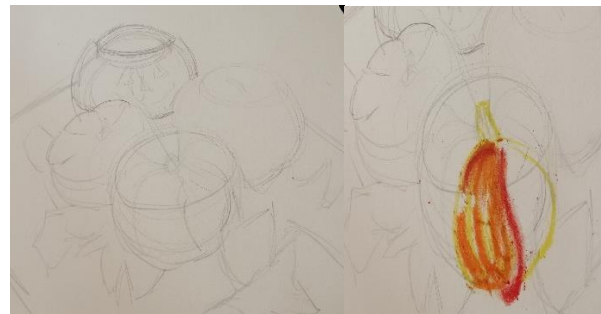
Experience Change With Artful Thinking

Pumpkin Still Life



Materials: Autumnal items (pumpkins, leaves, Halloween lantern, etc), soft pastels, hair spray, large paper.

Start by drawing out a sketchy line drawing, look at what shapes make up your still life, which way are circles facing, what different sizes are they, position, and composition. Then choose warm colours and begin filling in your shapes.



Add cooler colours to begin shading, if using black, make sure to add dark blues and purples to keep the black from deadening your picture. Use your fingers to blend and smudge the colours together.

You can see where the original sketched out lines are, my pastel drawing is larger than what I had sketched out, this might happen in your work, and that's okay. The starting sketch is just a guidance.



Keep building up your layers of tones, using hair spray or a spray fixative, it might change the colours of your image, don't dismay, you'll be building up more layers of tones.

Try to enjoy making your picture, pushing out niggling negative thoughts and self-doubt, have fun and try and stay in the moment of smudging the colours of the soft pastels.